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Key mechanism identified for reducing chronic inflammation in cardiovascular diseases

A breakthrough discovery in understanding how white blood cells move in the body could pave the way for new treatments for chronic inflammation-related diseases including cardiovascular diseases, according to a recent study from the Centenary Institute.

Published in the prestigious journal *Circulation Research*, the study investigated the movement of neutrophils, a type of white blood cell that is an essential part of the immune system.

Neutrophils, the first responders when there's an injury or infection, move from blood vessels to the site of injury and initiate inflammation and healing. However, prolonged retention of neutrophils, such as at the site of vascular injury, can result in chronic inflammation and a build-up of atherosclerotic plaques that can lead to strokes and heart attacks.

Dr Joyce Chiu, lead author of the study, from the ACRF Centenary Cancer Research Centre, said that the team had uncovered the method by which neutrophils unstick from blood vessels as they move towards the site of injury. This mechanism, she said, could be potentially harnessed to reduce chronic inflammation by preventing the movement of neutrophils to certain areas of the body.

"Molecules known as integrins help neutrophils stick to the walls of blood vessels, to prevent the cells from being carried away by blood flow. To move to the site of injury, neutrophils must stick and unstick from blood vessel walls. While we knew how integrins helped neutrophils stick, we did not know how they unstick," said Dr Chiu.

According to Dr Chiu, the study discovered that a molecule called protein disulfide isomerase (PDI), secreted by neutrophils, plays a crucial role in helping the cells unstick from blood vessels as they move towards the site of injury.

Dr Chiu believes that this finding suggests that PDI could be a target for new drugs to treat chronic inflammation in diseases including cardiovascular diseases.

"New drugs can be designed to inhibit PDI, to keep neutrophils from 'unsticking' and migrating from blood vessel walls. Preventing neutrophils from moving around can help prevent chronic inflammation by reducing their ability to accumulate at sites of injury or infection," Dr Chiu said.

"Our research could pave the way for new treatments and management strategies that are able to limit the extent of inflammation, and potentially improve outcomes for individuals with chronic inflammatory and cardiovascular conditions."

[ENDS]

Publication:

Mechano-Redox Control of Macrophage-1 Antigen De-Adhesion From ICAM-1 (Intercellular Adhesion Molecule 1) by Protein Disulfide Isomerase Promotes Directional Movement Under Flow.

<https://www.ahajournals.org/doi/10.1161/CIRCRESAHA.122.321926>

Images:

Dr Joyce Chiu: <https://drive.google.com/file/d/1F0wHrrY6pyqshJxooX5Scpe3umwptsdU/>

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About the Centenary Institute

The Centenary Institute is a world-leading independent medical research institute, closely affiliated to the University of Sydney and the Royal Prince Alfred Hospital. Our research focuses on three key areas: cancer, inflammation and cardiovascular disease. Our strength lies in uncovering disease mechanisms and applying this knowledge to improve diagnostics and treatments for patients.

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